

PB holders - Initial questionnaire

Get
Yourself
Active

@GetYrselfActive

For office use only

Date:

Unique individual code:

Name of physical activity
of sports provider:

Get Yourself Active Questionnaire



The Get Yourself Active project is about disabled people having better opportunities to take part in physical activity and sport.

The questions we ask will help us to measure how well the project is doing.



We will be in touch again in 6 months to see how you are getting on.



Disability Rights UK respects your privacy and realises how important it is to you that your personal information stays secure.

Your personal data is protected by UK legislation, specifically the Data Protection Act 1998, the Privacy and Electronic Communications (EC Directive) 2003 and the General Data Protection Regulation 2018.

This means that your personal information will be stored securely and only a small number of people will have access to it. Your personal data will not be shared with other organisations and will be destroyed after the programme is completed (February 2019).

We collect this data to understand why you want to get active and how we can help you to do that. We will keep this information confidential and you can have a copy for your own records.

If you have any questions about how we look after your information, please contact us on: **020 3687 0780**.

Sign below to show you have understood the above.
Name (please print):

Signature:



We will ask you questions about the following **8 sections**;

1

About you



2

Getting active



3

Living your life



4

Which services you use and when



5

Confidence



6

Being independent and in control



7

Physical and mental wellbeing



8

Opportunities in your community

